

Weiman Occupational Stress Scale

Occupational Stress Occupational Stress Occupational Stress in the Service Professions Intervention in Occupational Stress Taking the Measure of Work The Scale of Occupational Stress Occupational Stress A Comparative Study of Occupational Stress in African American and White University Faculty Occupational Stress and Job Satisfaction Among African American Mental Health Professionals Occupational Stress Occupational Stress Inventory Occupational Stress and Productivity Occupational Stress and Alcohol Consumption – Self Report Versus Observational Data in San Francisco Bus Drivers Journal of Research and Development in Education Occupational Stress of School Teachers in Four Rural Minnesota School Districts Pakistan Journal of Psychology Occupational Stress Inventory Occupational Stress Inventory Revised OSI-R Stress and Job Performance Directory of Unpublished Experimental Mental Measures Sally Hardy Rick Crandall Maureen Dollard Randall R. Ross Dail L Fields Andrew Smith Joseph J. Hurrell Earl Smith Willie Bernard Garrett John Sweetland Birgit Anita Greiner Donald Joseph Hoodecheck Samuel H. Osipow Samuel Herman OSIPOW Steve M. Jex Bert A. Goldman

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Revised OSI-R. Stress and Job Performance Directory of Unpublished Experimental Mental Measures *Sally Hardy Rick Crandall Maureen Dollard Randall R. Ross Dail L Fields Andrew Smith Joseph J. Hurrell Earl Smith Willie Bernard Garrett John Sweetland Birgit Anita Greiner Donald Joseph Hoodecheck Samuel H. Osipow Samuel Herman OSIPOW Steve M. Jex Bert A. Goldman*

this book presents a unique theoretical and practical overview of the issues relating to stress and burnout among healthcare professionals occupational stress offers guidance and advice on many subjects including the maintenance of a healthy workforce

bringing together renowned scholars this handbook contains innovative current empirical and theoretical research in the area of job stress the workplace is one of the major sources of stress in an individual's life placing this important topic in the context of a transactional process this work is intended to be of use to practitioners working in clinical organisational family and health psychology mental health substance abuse the military and with families and women chapters are arranged in five parts the first considering theoretical approaches with an introductory article by professor emeritus richard s lazarus next is an examination of various model testing formats followed by a section on occupational stress research and coping mechanisms fourth is a collection of articles on the subject of burnout and the book closes with two distinct interventions directed at stress reduction

workers in the service industry face unique types and levels of stress and this problem is worsening many workers and organizations are now recognizing work stress as a significant personal and organizational cost and seeing the need to evaluate a range of organizational issues that present psychosocial hazards to the workers occupation

an excellent introduction readers of this journal looking for a brief but comprehensive introduction to the field of stress management will find this book to be more than adequate for this purpose perhaps the book's greatest strength is the way it has managed to combine insights and research from both occupational psychology and clinical psychology to tackle

workplace stress cary cooper would surely be pleased with the authors efforts at what he has termed clinical occupational psychology international journal of social psychiatry this practical guide focuses on the intervention strategies which can be employed by counsellors to help individuals suffering from emotional and physiological stresses engendered in the workplace with key points illustrated by case studies chapters define the nature of occupational stress and provide information about the emotional behavioural physiological and cognitive symptoms which can occur the authors also discuss the factors influencing the problem factors which can be tied to the individual to the work setting and to the larger social context specific coping strategies explored are targeted both at the individual for example relaxation training and stress management programmes and at the workplace for instance job redesign and career planning finally methods that practitioners can use to evaluate their interventions are presented in detail

it is well well done i will indeed recommend it this type of work has been long needed in our field robert j vandenberg university of georgia organizational researchers and managers have never had a single easy to use resource for validated measures often relying on a selection of journal articles or improvised solutions to meet immediate needs taking the measure of work a guide to validated scales for organizational research and diagnosis provides researchers consultants managers and organizational development specialists validated and reliable ways to measure how employees view their work and their organization whether preparing questionnaires or interviews for an employee survey organizational assessment dissertation or research program this book guides users to a summary level understanding of each topic area the measurement issues in the area and a selection of measures to choose from the measures cover the areas of job satisfaction organizational commitment job characteristics job stress job roles organizational justice work family conflict person organization fit work behaviors work values about the author dail l fields ph d georgia tech 1994 is associate professor at the regent university school of business his research interests include measurement of employee perspectives on work cross cultural management human resource management strategies and leadership and values in organizations he is a member of the academy of management and the

academy of international business prior to beginning an academic career in 1994 he was a management executive with mci communications corp and a management consultant with touche ross co

scale of occupational stress a further analysis of the impact of demographic factors and type of job

this volume is a detailed comparative examination of occupational stress among african american and white faculty at predominantly white institutions it is an empirical analysis of an empirical issue the demise of a significant number of african american junior faculty who are unable to make it through the tough tenure and promotion reviews as the survey shows many in fact leave the area of instruction for administration early in their careers

this volume contains the proceedings of a conference on occupational stress a subject of increasing concern the psychological causes and problems of occupational stress are examined situations leading to feelings of insecurity and inadequacy along with role incongruity are seen as stress producers recent niosh psychological stress research is reviewed these studies include stress related disease and mental health incidence rates by occupation mass psychogenic contagion reaction in industry and the relationship of machine pacing and stress a study of the health consequences of shiftwork found no evidence that shiftworkers suffered from severe health problems however shiftwork might be related to decreased psychological well being the personality profile of individuals prone to develop heart disease is discussed physicians must learn to recognize this type a behavior pattern ongoing stress management programs one in an aerospace company one in a hospital are described biofeedback as one successful approach to stress reduction is described and discussed the preceding presentations are reviewed and implications for further study and action are set forth stressors specific to the individual work situation should be identified the interaction between job stressors and other life stressors must be considered particularly for working women physicians must be sensitized to signs of stress and managers must be made aware of their

impact on the feelings of employees this report was submitted in fulfillment of agreement no 78 0647 by the institute of industrial relations university of california los angeles under the partial sponsorship of the national institute for occupational safety and health

what is the relationship between occupational stress and job performance the amount of money workplace stress is extracting from the economy is estimated to be in the billions of dollars such estimates are based on the assumption that workplace stress leads to increased healthcare costs higher rates of absenteeism and turnover accidents and lower levels of performance and organizational productivity in stress and job performance author steve m jex provides a comprehensive research based examination of the relationship between occupational stress and job performance he presents a concise overview of the field a clear explanation of terms and concepts and a summary of relevant theoretical models of the stress process he examines the relationship between major job related stressors such as workload interpersonal conflict and lack of control and a variety of performance indices in addition he explores a number of other factors that may affect the relationship between occupational stress and job performance including gender differences age personality and job experience the book concludes with a look at issues that need to be considered in future research investigations written in a non technical accessible style stress and job performance is recommended for students scholars and readers who do not have an extensive background in the behavioral sciences

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